

ErgoWize DSE eLearning and Risk Assessment

ErgoWize is an online DSE eLearning and Workstation Risk Assessment system - the simplest way to achieve compliance across your entire workforce. Trusted by some of the largest organisations in the UK.

ErgoWize – DSE eLearning is a 25 minute course that instructs employees in the correct set up and safe use of their computer workstation, desk and chair. By completing this course, organisations and employees will benefit from an increased awareness of DSE related hazards and instruction on how to avoid them.

ErgoWize – DSE eLearning is most commonly used in conjunction with the ErgoWize – online DSE risk assessment, forming a complete Display Screen Equipment compliance solution. The new version of this class-leading eLearning includes rich animations (no Flash is used, so it can be used as mLearning with iPads and Android tablets), crisp clean graphics and engaging content.

The whole course has been redesigned to include more interactive content and provide the user with a more absorbing experience. customisable to allow organisations to add, delete or amend content as appropriate to their needs.



Course Objectives

- A comfortable sitting posture
- Correct keyboard and mouse techniques
- The importance of organising a workstation to suit individual needs
- The importance of varying posture throughout the day
- Eyestrain prevention and eyesight policy
- The correct use of laptops and other mobile devices
- The benefit of simple stretching exercises at regular intervals

Benefits to your Organisation

- Immediately communicate DSE policy to employees
- Mitigate potential liability in case of a DSE related claim
- Clear audit trail - evidence of completion and understanding
- DSE eLearning is a highly cost effective way of training and assessing large numbers of staff