

# Safeguarding

A vulnerable adult is defined as an individual aged 18 and over who may need additional help to look after themselves, including those who suffer from physical, sensory or learning disabilities, mental health problems, substance misuse difficulties, dementia or diminished capacity, or who is ill or frail. Safeguarding is the term what applies to the action taken to promote the welfare of both children and vulnerable adults, who may be less able to look after themselves and are therefore more vulnerable to abuse or neglect.

Regulations are in place to protect children and vulnerable adults, including The Children Act, Working Together to Safeguard Children, Every Child Matters, The Human Rights Act, The Mental Capacity Act and The Care Act.

The responsibilities captured within the legislation protect and promote the welfare of children and vulnerable adults and enhance the confidence of staff, trustees, volunteers, parents, carers and the general public.

The Safeguarding online training highlights core information about the safeguarding process, exploring the range of problems that children and vulnerable adults might face and explaining what actions should be taken if concerns are identified. It looks at the different categories of abuse – physical, sexual, emotional and neglect – that could lead to concern, the kinds of situations where abuse could occur and who the abusers might be.

The online Safeguarding course demonstrates practical steps that can be taken to safeguard children and vulnerable adults. It explores the 'four Rs' that underpin an effective safeguarding process: recognition; response; recording; and reporting. The course also outlines the correct procedures to follow if there is a suspicion of abuse.

## Sections Within This Course

In this training course employees will learn:

- Overview
- Recognising Abuse
- Respond and Record
- Reporting a Concern
- Acceptable Behaviour
- Final Test

## Course Objectives

All employees in an organisation have a responsibility under the Safeguarding process but this course is particularly appropriate for individuals who come into contact with children and vulnerable adults as part of their paid employment or voluntary work.

- To explain what safeguarding is and the role users play.
- To identify the different types of abuse and how to recognise the signs and symptoms.
- To detail what users should do if they have concerns for the safety of a child or vulnerable adult.